



# Resource Guide 2017

# Contents

Health Services.....	3
Clothing Center.....	4
Families, Children, Youth and Individuals.....	5
Foster Youth.....	6
Food Pantry/Meals.....	7-8
Homeless Shelters and Services.....	9
Job Training.....	10
Legal Services.....	11
Substance Abuse.....	12
Veteran Services.....	13
Hotlines.....	14

# Health Services

Agency	Services	Contact Information
<b>Canoga Park Health Center</b>	Physicals, X-rays, and Detal	7107 Remmet Avenue Canoga Park, CA (818) 340-3570
<b>Mid Valley Comprehensive Health Care</b>	Physicals, X-rays, and Dental	7515 Van Nuys Blvd Van Nuys, CA (818) 947-0230
<b>Mission City Community Network</b>	Physicals, X-rays, and Dental	8363 Reseda Blvd, #11 Northridge, CA (818) 881-1213
<b>Northeast Valley Health Corporation</b>		6551 Van Nuys Boulevard, 2 <sup>nd</sup> floor Van Nuys, CA 91401 (818) 765-8656 <a href="https://nevhc.org/">https://nevhc.org/</a>
<b>San Fernando Valley Community Mental Health Center</b>		16360 Roscoe Blvd., 2nd Floor Van Nuys, CA 91406 (818)901-4830 <a href="http://www.movinglivesforward.org/">http://www.movinglivesforward.org/</a>
<b>Tarzana Treatment Center</b>	Physicals, X-rays, and Dental	18646 Oxnard Street Tarzana, CA (818) 996-1051
<b>Tarzana Treatment Centers – Northridge</b>	Physicals, X-rays, and Dental	8330 Reseda Blvd Northridge, CA (818) 996-1051
<b>L.A county DMH Transition Age Youth (TAY)</b>		(213) 738-4644 <a href="http://dmh.lacounty.gov/wps/portal/dmh/our_services/tay">http://dmh.lacounty.gov/wps/portal/dmh/our_services/tay</a>

# Clothing and Donation Center

Agency	Services	Contact Information
<b>Mend</b>	Clothing, food bank, computer lab	10641 N. San Fernando Rd. Pacoima, CA 91331 (818) 897-2443 or (818) 896-0246 <a href="https://mendpoverty.org/">https://mendpoverty.org/</a>
<b>Catholic Charities of L.A</b>	Free/low cost clothing and household supplies, food.	21600 Hart Street Canoga Park, CA 91303 (213) 251-3549
<b>Family Rescue Center</b>	Clothing, backpacks and school supplies, training and food distribution	22103 Vanowen St, Canoga Park, CA 91303 (818) 884-7587

## Families, Children, Youth and Individuals

Agency	Services	Contact Information
<b>Friends of the Family</b>		16861 Parthenia Street North Hills, CA 91343 (818) 988-4430 <a href="http://www.fofca.org/">http://www.fofca.org/</a>
<b>San Fernando Valley Rescue Mission</b>	Lunch on Thursdays 12noon – 1pm  Showers on Thursdays Sign-in 8:30am-9:30am Showers 9am – 11am	8756 Canby Avenue Northridge, CA 91325 (818) 785-4476 <a href="https://sfvrescuemission.org/">https://sfvrescuemission.org/</a>
<b>New Economics for Women Family Source Center</b>		21400 Saticoy St., 2nd Floor Canoga Park, CA 91304 (818) 887-3872 <a href="http://www.neweconomicsforwomen.org/">http://www.neweconomicsforwomen.org/</a>
<b>El Nido Family Center</b>		11243 Glenoaks Boulevard Pacoima, CA 91331 (818)896.7776
<b>Family Source Center</b>		6931 Van Nuys Blvd., Suite 201 Van Nuys, CA 91406 (818) 786-4098

## Foster Youth

Agency	Services	Contact Information
<b>Pacific Lodge</b>	Residential treatment, transitional housing, mental health, substance abuse program	4900 Serrania Avenue Woodland Hills, CA 91364 (818) 347-1577 <a href="http://plys.org/">http://plys.org/</a>
<b>We Lift LA</b>	Mentoring and guidance. Housing for former foster youth girls.	5619 Lindley Ave Tarzana, CA 91356 (818) 708-1662 <a href="mailto:info@weliftla.org">info@weliftla.org</a>
<b>Independent Living Program</b>	Independent Living, Life skills, transportation, graduation events.	3530 Wilshire Blvd. Suite 400 Los Angeles, CA 90010 (877) 694-5741 <a href="mailto:youthds@dcfs.lacounty.gov">youthds@dcfs.lacounty.gov</a>
<b>Alliance for Children's Rights</b>	Legal Assistance for Transition age youth, ILP	3333 Wilshire Blvd., Suite 550 Los Angeles, CA 90010 <a href="http://kids-alliance.org/">http://kids-alliance.org/</a>

## Food Pantry/Meals

Agency	Services	Contact Information
<b>Church on the Way</b>	Dinner: Thursdays 6pm – 8pm	Cornerstone Blvd, East Campus 14424 Sherman Way Van Nuys, CA (818) 779-8000
<b>El Centro de Rescate Para La Familia</b>		22103 Vanowen Street, Canoga Park, CA (818) 346-5554
<b>Family Rescue Center (behind Canoga Park Presbyterian Church)</b>	Food Pantry: Mon through Fri 9am – 1pm	22103 Vanowen Street, Canoga Park, CA (818) 884-7587 <a href="https://www.rescatefamilycenter.org/">https://www.rescatefamilycenter.org/</a>
<b>Living Praise Christian Church</b>	Lunch every Fri 12noon – 1pm  Hot showers every Fri 9am – 11am	9200 Owensmouth Ave Chatsworth, CA 91311 (818) 709-5722
<b>SOVA Valley</b>	Food Pantry: Mon – Thur 10am – 1:30pm Sun 9am – 12noon (except holidays)	16439 Vanowen Street Van Nuys, CA (818) 988-7682
<b>Valley Park Church</b>	Food Pantry: Wed 4pm – 5pm Reservations @ 2pm	16514 Nordhoff North Hills, CA (818) 894-9316
<b>West Valley Food Pantry Prince of Peach Church</b>	Food Pantry: Mon – Thur 10am – 3pm Fri 10am – 12noon	5700 Rudnick Avenue, Woodland Hills, CA 91367 (818) 346-5554 <a href="http://www.westvalleyfoodpantry.org/index.html">www.westvalleyfoodpantry.org/index.html</a>
<b>Woodland Hills, California Food Banks and Soup Kitchens</b>		Website with local listings: <a href="http://www.homelessshelterdirectory.org">www.homelessshelterdirectory.org</a>
<b>Mend</b>	Breakfast: Tuesdays 8am – 10am  Lunch: Tuesdays 11am – 1pm	10641 N. San Fernando Rd. Pacoima, CA 91331 (818) 897-2443 or (818) 896-0246 <a href="https://mendpoverty.org/">https://mendpoverty.org/</a>
<b>North Valley Caring Services</b>	Hot Breakfast Mon/Wed/Fri 7am – 9am	15453 Rayen Street North Hills, CA (818) 891-0481

	Food Pantry: Fri 10am – 12noon Call (818) 891-0481 ext 20	
<b>Our Redeemer Lutheran Church</b>	Hot lunch served on Thursdays 12noon – 1pm	20025 Chase Street Winnetka, CA (818) 341-1629

Need money for food? We are here to assist you to qualify for the CalFresh program. CalFresh, federally known as Supplemental Nutrition Assistance Program (SNAP), funded through the USDA, Farm Bill and CDSS.

Find out if you are eligible. You can receive up to \$192 monthly aid to purchase food.

Contact us at [CalFresh@piercecollege.edu](mailto:CalFresh@piercecollege.edu)



## Homeless Shelter and Services

Agency	Services	Contact Information
<b>Interfaith Food Pantry Coalition Greater Community Church</b>		10824 Topanga Canyon Blvd #7, Chatsworth, CA (818) 718-6460
<b>Children of the Night</b>		(818) 908-4474 ext. 0 <a href="http://childrenofthenight.org">http://childrenofthenight.org</a>
<b>Family Rescue Center</b>	Clothing locker Monday through Friday 9am – 1pm	(818) 884-7587 <a href="http://www.rescatefamilycenter.org">www.rescatefamilycenter.org</a>
<b>L.A Family Housing</b>		7843 Lankershim Boulevard North Hollywood, CA 91605 (818) 982-4091 <a href="http://lafh.org/">http://lafh.org/</a>
<b>Lutheran Social Services</b>		21430 Strathern Blvd. North Hollywood, CA (818) 901-9480
<b>Burbank Temporary Aid Center</b>	Shower and laundry facilities  Daily sack lunches 11am – 12noon	1304 W. Burbank Blvd. Burbank, CA 91506 (818) 848-2822 <a href="http://www.burbanktemporaryaidcenter.org/category/what-we-offer/programs/">http://www.burbanktemporaryaidcenter.org/category/what-we-offer/programs/</a>
<b>Hope of the Valley Rescue Mission</b>		8165 N. San Fernando Mission Rd. Sun Valley, CA (818) 392-0020
<b>North Valley Caring Services</b>	Showers 6:30am – 9am Mon/Wed/Fri	15453 Rayen Street North Hills, CA (818) 891-0481

# Job Training

Agency	Services	Contact Information
<b>State of CA Employment Development Department</b>	Youth employment opportunity program	21010 Van Owen Street Canoga Park, CA 91303 Contact: Delia Hernandez (818) 890-9419
<b>MEND</b>	On the job training. Assistance with building resumes, job applications and interviews.	13460 Van Nuys Blvd. Pacoima, CA 91331 (818) 686-7375

## Legal Services

Agency	Services	Contact Information
Neighborhood Legal Services of L.A	Legal Services	13327 Van Nuys Blvd Pacoima, CA 91331 (818) 433-6251

## Substance Abuse

Agency	Services	Contact Information
<b>San Fernando Valley Alcoholics Anonymous</b>		16132 Sherman Way Van Nuys, CA. 91406_ (818) 988-3001
<b>Sober College Rehab Redefined</b>	Dual Diagnosis treatment, residential treatment	6022 Variel Avenue, Woodland Hills Los Angeles, CA 91367 United States (866) 930-9544
<b>Tarzana Treatment Center</b>	Medical detoxification, residential rehab, sober living, domestic violence services	Northridge: 8330 Reseda Blvd. Northridge, CA 91324 (818) 534-1820  Reseda: 7101 Baird Avenue Reseda, CA 91335 (818) 342-5897  Tarzana: 18646 Oxnard Street Tarzana, CA 91356 (888) 777-8565

## Veteran Services

Agency	Services	Contact Information
<b>Women Veterans Health Care</b>		<a href="https://www.womenshealth.va.gov/">https://www.womenshealth.va.gov/</a>
<b>Chatsworth Vet Center</b>		20946 Devonshire St. Suite #101, Chatsworth, CA 91311 (818) 576-0201
<b>Sepulveda Outstation of the Chatsworth Vet Center</b>		9737 Haskell Avenue, Sepulveda, CA 91343 (818) 892-9227
<b>Community Veteran Justice Project (CVJP)</b>	Legal services (criminal charges)	11303 Wilshire Blvd, VA Bldg 257, Room 107 Los Angeles, CA 90073 <a href="http://www.cvjp.org">www.cvjp.org</a>  Hours: Mon & Wed 9am – 2:30pm Tue & Thur 9am – 2:00pm Fri 10am – 1:00pm
<b>Patriotic Hall Legal Clinic</b>		<a href="http://bobhopepatriotichall.lacounty.gov">http://bobhopepatriotichall.lacounty.gov</a>  Walk-ins from 9am to 12pm

## Hotlines

Services	Contact Information
AIDS Hotline (General Info/Testing & Prevention)	(800) 232-4636
Southern California	(800) 367-2437
Spanish	(800) 400-7432
Alcohol / Substance Abuse	
Alcoholics Anonymous	(818) 988-3001
Cocaine Anonymous	(818) 760-8402
Marijuana Anonymous	(800) 776-6779
Narcotics Anonymous	(818) 997-3822
Nicotine Anonymous	(877) 879-6422
Battered Women / Domestic Violence	(818) 887-6589
California Youth Crisis Hotline	(800) 843-5200
Child Abuse Reporting 24 Hours (anonymous)	(800) 540-4000
Child Help USA – counseling for child abuse victims	(800) 422-4453
Children of the Night – shelter for runaways and sexually exploited teens ages 11 – 17	(800) 551-1300
Safe Way Out Hotline (District Attorney 24 hour line links domestic violence with nearest shelters)	(800) 978-3600
Family Planning Referral Hotline	(800) 942-1054
Homeless Youth Referral Hotlines	(800) 786-2929
Youth Crisis Line	(800) 843-5200
Children of the Night	(800) 551-1300
Covenant House	(800) 999-9999
Poison Control	(800) 222-1222
Rape Hotline	(800) 656-4673 (310) 392-8381
Rape Support Group for Teens	(800) 422-4453
Suicide Prevention	
Suicide Crisis/Prevention Center Hotline	(877) 727-4747
National Suicide Prevention Lifeline	(800) 273-8255
Youth Crisis Hotline	(800) 843-5200