

Donation Form

You can also donate online at <http://community.piercecollege.edu/encore/donate.asp>.

Whether you are a long time Encore supporter or giving for the first time, thank you for supporting Encore! Donations to the Encore Program provide for special projects, events, supplies and equipment. Please use this form to mail in your donation.

Mail to the Encore Office your completed form with donation to:

Pierce College Foundation - Encore
6201 Winnetka Avenue #341
Woodland Hills, CA 91371

Donor Information

Name: _____

Address: _____

City: _____

State: _____

Zip Code: _____

Phone: _____

Donation

My check is enclosed in the amount of \$:

(Checks payable to: Pierce College Foundation - Encore)

This gift is:

In appreciation of the Encore program. Thank you!

In appreciation of an Encore Instructor:

In memory

Remember someone special by giving a gift in their memory. Encore will send a card acknowledging your thoughtful donation to the person of your choice:

Name: _____

Address: _____

City: _____

State: _____

Zip Code: _____

GENERAL INFORMATION

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The Encore Program has made every effort to make this Class Schedule accurate and may, without notice, change general information, courses, or programs offered.

For complete college information, see *Pierce College General Catalog*. Federal Privacy Rules Regarding Student Information Family Educational Rights and Privacy Act (FERPA) prohibits the disclosure of personally identifiable information from education records. For more information visit the U.S. Department of Education.

We will continuously strive to build an inclusive, welcoming community of individuals with diverse backgrounds, talents, and skills who are committed to civility, mutual respect, social justice and the free and open exchange of ideas. We commit ourselves to change, growth, and action that embrace diversity as an integral resource of our educational experience and of the community we create.

Contact Information

Office: VLGE 8310A (behind South Gym)

Telephone: (818) 710-2561, (818) 710-4163
For phone assistance or to make an in-person appointment call the office.

Leave your name, phone number, and short message. We will call you back.

Encore email: lapc-encore@piercecollege.edu

Website: piercecollege.edu/encore

General Mailing Address:

ENCORE, Pierce College
 6201 Winnetka Avenue, #341
 Woodland Hills, CA 91371

Encore is a Pierce College education program designed specifically for older adults (50+), but all students over 18 are welcome. Courses address the needs of older adults focusing on topics that promote independence, advocacy, community engagement, personal growth, physical and cognitive health, economic self-sufficiency, and subject matter that relates to older adults' life circumstances and positive aging skills

Donations to the ENCORE Program provide for special projects, events, supplies and equipment. Checks payable to: Pierce College Foundation – Encore; use form on page 1. Donations of any size are appreciated. Thank you for your support!

Academic Accommodations Center (aka Special Services): Students with disabilities can contact Special Services. Authorization, based on verification of disability, is required before accommodation can be made. Special Services is in the Student Services Building. For questions, call (818) 719-6430.

Emergency procedures: From any pay phone on campus: dial *80. From any campus extension: dial 4311. From cell phones: dial (818)710-4311. Campus "Blue Lights" are tall blue cylinders topped by bright lights. Press large red button to immediately connect to the Sheriff's station.

Academic Courtesy is common sense respectful behavior given by the students to each other, to professors and college staff. Disobedient, disruptive, or disorderly behavior exhibited by any student will result in disciplinary action in accordance with District policies and procedures.

IMPORTANT REMINDERS

Access Encore Website from Pierce Homepage

1. www.piercecollege.edu
2. Click Academics
3. Click Non-Credit Courses
4. Click Encore Tab

Direct Access to Encore Website

1. piercecollege.edu/encore
2. Instructions for: CCC Apply, registration, registration appointment date, password reset, how to "View your schedule," and Canvas.
3. Instructor email addresses
4. Downloadable Semester Catalogs



Encore Website

STUDENT EMAIL

Check email regularly for class cancellations, changes, and announcements.

1. Go to piercecollege.edu.
2. Click Email (upper right corner).
3. Enter Student ID# and Password.
4. Click Mail-Outlook tile.
5. Click small Outlook icon on left.

Forward Student email to personal email:

1. Log into your student email (see above).
2. Click on cog wheel icon located on the top right.
3. In box - Type **f**. Click on *Forwarding*.
4. Enter email address you want your emails forwarded to in box under *Forward my email to*.
5. Click *Save*.

COVID-19

For updates and current information see the Pierce website. Thank you for helping us all stay safe and healthy at Pierce College.

ACCESS ZOOM in CANVAS

1. Go to piercecollege.edu
Use Google Chrome or Firefox.
2. Click SIS Portal (top right corner of screen)
3. Type Student ID & Password. Click **Sign In**.
4. Click **Canvas Tile**
5. At Dashboard window, you see a message to students, scroll down to see your class tiles
6. Click class Tile you want to open. Click little bullhorn symbol for Announcements.
7. Here is where instructions will vary.
 - o Some teachers send a Zoom link in Announcements.
 - o Others send a Zoom link in your Inbox to the left.
 - o For others you click **Zoom** under the word Home (from list of links in red).
8. At **Upcoming Meetings**, click on Join button.
9. Click window - **Open URL:Zoom LAUNCHER**
10. When system dialog prompts, click **Open Zoom Meetings**.
11. Click on **Join with Video**
12. Enjoy your class!

Rename yourself in Zoom classes: For attendance accounting purposes it is important that students are identified by their name on the roster. If not, students need to RENAME themselves or be removed from the class that day. For instructions to Rename see Encore website.

Password: Record Your Password

Enter your password slowly and carefully. If you try more than 3 times you will be locked out and need to re-set your password.

APPLICATION PROCEDURES

New or former students who have not enrolled in any LACCD colleges in the last two semesters need to apply.

How to apply: Email needed for online application.

1. Noncredit Application – To enroll in noncredit zero-unit courses ONLY. (Encore classes included.)

Video - How to Submit a Noncredit Application:

Link available on Encore website.

2. College Application – To enroll in college level credit classes. This application should also be used if you plan to enroll in both credit & noncredit classes.

For Assistance: CCC Apply helpline 877-247-4836

Both Applications Have Two Parts

Part 1: Create Account (same for both applications):

1. Go to www.piercecollege.edu
2. Click *Apply Online*.
3. Choose Noncredit or College Application
4. Click *Create an Account* (3 pages)
5. For 2-step verification - enter your phone number to receive a code via text message, alternatively you can receive a code via your email.
6. Complete pages. Click *Continue*.
7. Print Confirmation.

Part 2: For Noncredit Only: Start a New Application

1. Educational Goal: select Educational Development
2. Intended Major or Program of Study: select Workplace Success-Noncredit Certificate
3. Answer ALL questions.
4. Click Submit my application.
5. **PRINT APPLICATION CONFIRMATION.** Or record your CCC ID#.

You will receive 2 emails.

1. First, has your CCC ID#. Record number.
2. Second, has your Student ID# (begins with 8 or 9).

Notes:

1. If you do not receive your Student ID# within 5 business days please call the Encore Office.
2. Disregard messages requesting transcripts.
3. Check your email Spam folder.

REGISTRATION PROCEDURES

To find Reg Date Appointment:

1. Go to www.piercecollege.edu
2. Click *Enroll Now* or *SIS Portal*.
3. Type Student ID # and Password.
4. Click *Manage Classes*.
5. Click Enrollment Dates - on the left side.
6. Click preferred semester - look for "Your Appointment Start Date/Time."

Note: You can register anytime on or after your appointment. Online registration appointments are issued by the LACCD. Encore Office cannot change registration appointments.

Register for classes:

1. Go to www.piercecollege.edu
2. Click *Enroll Now* or *SIS Portal*.
3. Type Student ID# and Password.
4. Click *Manage Classes*.
5. Click *Class Search and Enroll*.
6. Click preferred semester.
7. Type class number in "Enter Keyword Box."
8. Click >> right side (at the end of line).
9. Click > right side (at the end of line).
10. Click > right side (at the end of line).
11. Click Next upper right.
12. Be added to Wait List - click NO (changes to Yes).
13. Click *Accept*.
14. Click *Submit*.
15. To add another class:
Click "Return to Keyword Search."

To be added to Wait List: If the class you want is in your Shopping Cart – clear from Cart first. Follow instructions above. Pay special attention to step 12.

Add Classes After Semester Starts:

Email instructor for a Permission Number, follow steps 1-11. Enter Permission Number. Follow steps 13-15. For instructor email address see Encore website: www.piercecollege.edu/encore

CALENDAR OF CLASSES

Winter 2023

January 3 – February 3

Class#	Class	Instructor	Days	Time	M	T	W	T	F	Location
10263	Body Movement	Shvetsov	MWF	9-11 am	X		X		X	ONLINE
12464	Body Movement: Chair Exercise	Shvetsov	MWF	11:15-1:15 pm	X		X		X	ONLINE
Cancelled	Body Movement: Aquatic Fitness	Hefter	TWTh	9-11 am		X	X	X		POOL Cancelled
10644	Body Movement	Lacelle	MWF	10-12 pm	X		X		X	ONLINE
10230	Painting the Still Life	Thornton	MF	1-4 pm	X				X	ONLINE
10757	Yoga/Mat Pilates Combination	MacDonald	MWF	8:30-10:30 am	X		X		X	ONLINE
10265	Functional Movement: Analysis and Practice	MacDonald	MWF	10:45-12:45 pm	X		X		X	ONLINE
10882	Body Movement: Chair Yoga	Cummins	TThF	9-11 am		X		X	X	ONLINE
10260	Body Movement: Chair Yoga	Cummins/Jensen	TThF	11:15-1:15 pm		X		X	X	ONLINE
11635	Composition 1	Kraus	WTh	9:15-12:15 pm			X	X		ONLINE
11778	Portrait Drawing 2A	Kraus	WTh	1-4 pm			X	X		ONLINE
11577	Drawing Animals with various Pencils/Water-soluble Media	Pitt	WTh	10-1 pm			X	X		ONLINE
11578	Acrylic or Oil Painting all levels	Pitt	WTh	1:30-4:30 pm			X	X		ONLINE
10216	Printmaking: Without a Press	Tirr	TTh	9:30-12:30 pm		X		X		ONLINE
10756	Watercolor: A Fresh Look	Tirr	TTh	1-4 pm		X		X		ONLINE
10095	Expressionism: The History of Color and Emotion in Art	Thornton	TWTh	10:30-12:30 pm		X	X	X		ONLINE
10101	Italian Renaissance: Art and Culture	Thornton	TWTh	1:30-3:30 pm		X	X	X		ONLINE
11559	Online Family Genealogy	Perret	TW	11:30-2:30 pm		X	X			ONLINE
11254	Current Events & Current Events: Focus Sports	Levick	TWTh	1-3 pm		X	X	X		ONLINE
10257	Great Composers Series Continued	Domine	MTTh	1-3 pm	X	X		X		ONLINE

Each class meets 2 or 3 times a week. Attend all class meetings.

Holiday: Mon., Jan. 16, 2023 Martin Luther King Day

Art History

Older Adult 56CE – Seeing and Understanding Art

Class #10095 – Expressionism: The History of Color and Emotion in Art

TWTh	10:30-12:30 pm	Thornton, John	ONLINE
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Van Gogh, Gauguin and Cezanne created new languages in painting which led to revolutions in how artists could depict the world around them. We explore how this new style spread to Germany and Russia in the early twentieth century. Kandinsky, Emil Nolde, Kollwitz, tapped into perception, primitivism, and politics. We will examine the true stories of artists who responded to both world wars, communicating deep emotional feelings about their experiences. In the end, Expressionism is about the triumph of life and humanity.

Class #10101 – Italian Renaissance: Art and Culture

TWTh	1:30-3:30 pm	Thornton, John	ONLINE
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Michelangelo, Leonardo, and Raphael represent the heights of Visual Genius, Yet the source of the Renaissance goes deeper. We travel to the Florence of the Medici's to learn how religion, wealth and a new rebirth in Humanistic education transformed Europe and the world. From the Sistine Chapel in Rome to the grand palazzos of Venice, the glories of civilization inspire us today. Special attention will also be given to the Jewish community in Italy during the fifteenth and sixteenth centuries.

Art

Older Adult 42CE—Creative Art for Seniors

Class #10230 – Painting the Still Life

MF	1-4 pm	Thornton, John	ONLINE
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Open to artists of all mediums and skill levels, we will explore drawing, composition, design, and color while painting still life. Painting techniques for depicting textures, depth, light and shadow will be emphasized. Weekly assignments and assessment of artists work will lead to greater mastery of craft.

Class #11577 – Drawing Animals with various Pencils and Water-Soluble Media

WTh	10-1 pm	Pitt, Deborah	ONLINE
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In this course we will investigate and simplify the shapes, forms and patterns of several animals using the following materials: graphite pencils, water soluble graphite pencils, colored pencils, water soluble colored pencils and perhaps watercolors.

Class #11578 – Acrylic or Oil Painting all levels

WTh	1:30-4:30 pm	Pitt, Deborah	ONLINE
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This course will be an opportunity to get feedback on paintings students are working on. Additionally, I will present the work of several artists and their techniques.

Class #10216 – Printmaking: Without a Press

TTh	9:30-12:30 pm	Tirr, Catherine	ONLINE
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This course will enable the student to develop a series of prints at home, using easy to use supplies and tools. Plates will be carved and built up for exciting combinations of graphic imagery. The course covers mono printing and multiple printing techniques, including the reduction method.

Class #10756 – Watercolor: A Fresh Look

TTh	1-4 pm	Tirr, Catherine	ONLINE
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This course introduces the student to all types of applications of watercolor. It covers positive and negative painting, wet in wet, dry brush, glazing, and use of resists. It will enable the student to strengthen design and compositional skills, while covering the techniques needed to capture still life in imaginative ways. The class will combine observation with expression, to develop a unique personal vocabulary.

Class #11635 – Composition 1

WTh	9:15-12:15 pm	Kraus, Peter	ONLINE
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Composition skill is a must for every artist. In this enlightening course combining lecture, hands-on experience, and critique, you will further your understanding of 2D creative expression as you apply principles of the 7 visual elements: line, shape, value, form, space, texture, and color within the framework of design. Fundamentals including format, unity, harmony, rhythm, balance, and emphasis will be explored.

Class #11778 – Portrait Drawing 2A

WTh	1-4 pm	Kraus, Peter	ONLINE
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Prior basic drawing skills highly recommended. In this hands-on course we will resume where we left off during summer session, but all students are welcome. Via lecture, demo, and critique, continue to learn to draw the human head and facial features in a variety of traditional and contemporary ways. Focus will be on structure, sequential development, and modeling. Unlined white paper, tracing paper, pencil and eraser are the materials you will need.

Computer

Vocational Education 187CE-Computer Usage Skills

Class #11559 – Online Family Genealogy

TW	11:30-2:30 pm	Perret, Joseph	ONLINE
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Come explore with us the free online tools to discover your family roots. This class is for those of you who are new to Genealogy research and those who are looking to do more research. This is NOT a basic computer course. You need to know how to create folders, save files and search the internet before taking this course. Learn skills to research the internet.

Special Topics

Older Adult 60CE – Senior Topics

Class #11254 – Current Events & Current Events: Focus Sports

TWTh	1-3 pm	Levick, Mark	ONLINE
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Lively discussions on Tuesday focus on Sports; including (but not limited to) current financial, legal, ethical, and political issues in the local, national or world arena related to organized sports, not simply a recap of prior weeks' games.

The focus on Wednesday and Thursday will be on Current Events, including local, national, and international issues. Increase understanding by exploring the news from a variety of viewpoints.

Health and Fitness

Older Adult 52CE—Body Movement for Seniors

Class #10882 - Body Movement – Chair Yoga

TThF	9-11 am	Cummins, Diana	ONLINE
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Chair Yoga is a class focusing on the Body-Mind system of Hatha Yoga that embraces healthful physical exercise and relaxation techniques. Designed to safely build stability and mobility, and flexibility in muscles and joints, students will learn, and practice seated and standing yoga poses with the chair and additional support materials and learn safe strengthening and stretching techniques that support basic yoga positions and functional movement to enhance daily life. Also incorporated into classes will be strategies for reducing postural tension patterns and improving body alignment and yoga relaxation and breathing techniques. Equipment for the class includes: a tennis ball, medium resistance theraband, bath towel, pool buddy tube, and a stable, armless chair.

Class #10260 - Body Movement – Chair Yoga

TThF	11:15-1:15 pm	Cummins, Diana Jensen, Karin	ONLINE
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Chair Yoga is a class focusing on the Body-Mind system of Hatha Yoga that embraces healthful physical exercise and relaxation techniques. Designed to safely build stability and mobility, and flexibility in muscles and joints, students will learn, and practice seated and standing yoga poses with the chair and additional support materials and learn safe strengthening and stretching techniques that support basic yoga positions and functional movement to enhance daily life. Also incorporated into classes will be strategies for reducing postural tension patterns and improving body alignment and yoga relaxation and breathing techniques. Equipment for the class includes: a tennis ball, medium resistance theraband, bath towel, pool buddy tube, and a stable, armless chair.

Class #10263 – Body Movement

MWF	9-11 am	Shvetsov, Kristel	ONLINE
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Improve cardiovascular fitness, flexibility, muscle strength and endurance. A 6-foot resistance band, mat, and light dumbbells (1-5 lbs.) are recommended.

Class #12464 – Body Movement: Chair Exercise

MWF	11:15-1:15 pm	Shvetsov, Kristel	ONLINE
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This chair-based class is focused on developing bone health and muscle strength, while minimizing stress and impact to joints. The class blends gentle seated cardiovascular movements with dynamic stretching to improve mobility, decrease pain, and improve overall health and quality of life.

Class #10644 – Body Movement

MWF	10-12 pm	Lacelle, Bryon	ONLINE
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Improve cardiovascular fitness, flexibility, muscle strength and endurance. 2-3 lb. weights, and mat are recommended.

Class #12220 – Body Movement: Aquatic Fitness Cancelled

TWTh	9-11 am	Hefter, Deborah	POOL
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Fun, fat-burning fitness workout using shallow water techniques designed for swimmers and non-swimmers. Improve posture, flexibility, strength, and cardiovascular fitness. Come to Aquatic Center dressed in appropriate swim attire (swimsuit, rash guards, shoes, hats, sunscreen, etc.). There will be access to locker rooms and showers.

Class #10265 – Functional Movement: Analysis and Practice

MWF	10:45-12:45 pm	MacDonald, Amy	ONLINE
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This multi-level class will analyze movements which are the building blocks that keep us mobile and functioning in daily life. During the 5-week sequential series we will explore areas such as, sit-to stand, balance, rotation, mobility, and stability. Kinesthetic experiences and online visuals are included to aid understanding, re-establish muscular memory, build strength, and improve flexibility.

Yoga

Older Adult 53CE – Yoga for Seniors

Class #10757 - Yoga/ Mat Pilates Combination

MWF	8:30-10:30 am	MacDonald, Amy	ONLINE
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All Levels Welcome. Explore Yoga/Mat Pilates techniques to build full body strength as well as improve balance, flexibility, and coordination. Each session will also include mindful awareness skills that can be used to reduce stress and anxiety. Mat suggested.

Music

Older Adult 49CE—Music Appreciation for Seniors

Class #10257 – Great Composers Series Continued

MTTh	1-3 pm	Domine, James	ONLINE
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James Domine will lead this five-week penta-partite survey expedition of the music of five great Baroque and Classical period composers: Vivaldi, Bach, Handel, Haydn, and Mozart. Each composer will be the subject of an expository tripartite three-day seminar exploring their individual significant contributions to the world's heritage of musical masterpieces. Some of these pieces you may know, and some will surprise you. The major contributions of these composers will be examined in their historical contexts. Lectures will compare important aspects and salient features of each composer's musical style using examples from their repertoire.

Password Instructions

FIRST time log in

Step 1: Student username is your student ID# Example: 881234567 or 901234567

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Step 2: Temporary password (also used when asked for your old password)

First time student: login name and default password format:

- A. The first letter of your first name (capitalized) + the first letter of your last name (capitalized) + your birth month **spelled out** with first letter (capitalized) + day of your birthdate + @ + LACCD!
Example, Jane Doe, who was born on July the 4th, her default password would be: JDJuly04@LACCD!
- B. Please Note: When asked for “Old Password” enter your default password with the format above.

Update your Password

Step 1: When asked to update your password.

- A. Enter your default password in the old password textbox (Old password, Example: JDJuly04@LACCD!). Create a new password in the New Password textbox. If you have never changed your password or have changed your password on or before May 16th, 2022, your “Old Password” will be your current password.
- B. New password must contain at least fourteen characters: **contain at least one uppercase and one lowercase letter, one number, and at least one special character (*, !, %)**.
- C. Additionally, you may not use your prior three passwords as your new password.

← At least **14 characters long**; it can be longer if you want. →

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- D. Register for **Self-Service Password Reset (SSPR)**
IMPORTANT! This allows students to reset **their own password online**.
 You will be required to setup Microsoft SSPR when you check your email. You will need your student LACCD email to change your password. Example: SmithJD1234@student.LACCD.edu
 For assistance, please call the Encore office (818) 710-2561.

LACCD student email address: Example: SmithJD1234@student.laccd.edu

IMPORTANT

Save in a safe place. Your password & student ID# are ALWAYS needed.

NOTES



