



For questions about	Contact Information	Services Provided
Pierce College Health Services	Student Health Center Student Services Building, 2 <sup>nd</sup> Floor Tel #: (818) 710-4270 Hours: Mon-Thurs 8:30am – 7:00pm, Friday 8:30am – 4:00pm www.piercecollege.edu/offices/health_center	Individual therapy one to eight times a year. 45 minute sessions. If additional therapy is recommended then appropriate referrals will be provided.
Pierce College Special Services	Special Services Student Services Building, 1st Floor Tel #: (818) 719-6430 Email: Special services@piercecollege.edu www.piercecollege.edu/offices/special services	
Pierce College Financial Aid and Scholarships	Financial Aid & Scholarships Student Services Building, 2 <sup>nd</sup> Floor Tel #: (818) 719-6428 Email: pierce_finaid@piercecollege.edu www.piercecollege.edu/offices/financial_aid	Financial Aid application Fee Waiver application Student Loan Counseling Financial Aid Counseling
Pierce College Veterans Services	Veterans Services Student Services Building, 2 <sup>nd</sup> Floor Tel #: (818) 710-3316 Email: veteran@piercecollege.edu	Veterans Educational Benefit Referral to Counseling Admissions Application
Campus and/or District Public Safety	Campus Sheriff's Office: (818) 719-6450	
Pierce College Transfer Center	Transfer Center Student Services Building, 1st floor Tel #: (818) 710-4126 www.piercecollege.edu/offices/transfer_center/index.asp  Office Hours: Monday – Thursday 8:00 am – 7:30 pm Friday 8:00 am – 3:30 pm	
Pierce College Counseling Center	Academic Counseling Student Services Building, 1st floor Tel #: (818) 719-6440 www.piercecollege.edu/offices/counseling center  Office Hours: Monday – Thursday 8:00 am – 7:00 pm Friday 8:00 am – 4:00 pm	Veterans are encouraged to make an appointment with a veterans counselor in the Counseling Center.

Road Map for Success	VA Comparison Tool:	Compare your education options with a helpful
	www.benefits.va.gov/gibill/comparison_tool.asp	VA guide.
	Transition to Veterans Program (TVPO): <a href="http://prhome.defense.gov/rfm/tvpo">http://prhome.defense.gov/rfm/tvpo</a>	TVPO provides transition assistance policy and program oversight.
	College Factual: www.collegefactual.com	Get matched to colleges and majors based on your natural strengths, interests and whatever factors matter most to you.
	Guide to Colleges & Universities: www.kmimediagroup.com/maedir	This searchable database includes all the details you need to choose a school that fits your circumstances and establishes best practices in serving veterans and service members.
	College Readiness:  • Grace After Fire: <a href="www.graceafterfire.org">www.graceafterfire.org</a> • Wounded Warrior Project: <a href="www.woundedwarriorproject.org">www.woundedwarriorproject.org</a> • Veterans Resource Center of America: <a href="http://vetsresource.org">http://vetsresource.org</a>	These college readiness websites will assist veterans integrate into campus life. These tools, services and resources will assist veterans map their academic pathway.
Government Resources (Transition Programs)	Vocational Rehabilitation and Employment (VR&E) Program www.benefits.va.gov/vocrehab	Also known as Chapter 31, the VR&E program can help with job training, employment accommodations, resume development and jobseeking skills coaching.
	Veterans Opportunity to Work (VOW) Program <a href="http://veterans.house.gov/jobs">http://veterans.house.gov/jobs</a>	
	Compensated Work Therapy (CWT)  www.va.gov/heath/cwt	CWT is a VA vocational rehabilitation program that endeavors to match and support work-ready veterans in competitive jobs and consult with business and industry regarding their specific employment needs.
	Veterans' Employment and Training Service (VETS)  www.dol.gov/vets	VETS is a Department of Labor program that serves veterans and separating service members by preparing them for meaningful careers, providing employment resources and expertise, and protecting their employment rights.
	VA eBenefits Employment Center www.ebenefits.va.gov/ebenefits/jobs	
LA County Mental Health	Los Angeles County Department of Mental Health ACCESS NUMBER: (800) 854-7771 24/7 Helpline Dmh.lacounty.gov	Find mental health professionals and services at locations near you.

## **HELP Lines**

<u>Suicide Crisis Center</u> <u>www.suicidecrisiscenter.com</u>

(800) 784-2433, 24/7

**VA Caregiver Support Services** 

 $\underline{www.caregiver.va.gov/support/support\_services.asp}$ 

(855) 260-3274

Service Women's Action Network (SWAN)

(888) 729-2089

http://servicewomen.org

Rape, Abuse & Incest National Network (RAINN)

(800) 656-HOPE

https://ohl.rainn.org/online/ OR www.rainn.org

## Other Mental Health Services

Van Nuys Medical & Mental Health Services

6265 Sepulveda Blvd, Suite #9, Van Nuys, CA

(818) 779-0555

West Valley Mental Health Center

7621 Canoga Avenue, Canoga Park, CA

(818) 610-6700

San Fernando Mental Health Center

10605 Balboa Blvd, Granada Hills, CA

(818) 832-2400

Olive View Community Mental Health Urgent Care Center

14659 Olive View Drive, Sylmar, CA

(818) 485-0888

Hours: Mon - Fri 8am to 10pm, Weekends 9am to 5:30pm

## Support Groups

Northridge Hospital Medical Center (Brain Injury)

18300 Roscoe Blvd, Northridge, CA 91328

(818) 885-8500 ext. 3797 (call to register)

Northridge Hospital Medical Center (Chronic Pain)

18300 Roscoe Blvd, Northridge, CA 91328

(818) 885-8500 ext. 3680 (call to register)

Our House Grief Support Center

Woodland Hills location:

21860 Burbank Blvd, Suite #19, Woodland Hills, CA 91367

(818) 222-3344

West LA location:

1663 Sawtelle Blvd, Suite #00, Los Angeles, CA 90025

(310) 473-1515

Brain injury support group for survivors and caregivers. Meets once a week on Wednesday, 3pm to 4:30 pm.

Chronic pain support group. Meets second and fourth Tuesday each month, 11am to 2:30pm.

Grief support groups offered to adults, teenagers and children. Call either location to join a support group and for support group schedule. Fees are based on a sliding scale, but no one will be turned away due to an inability to pay fees.

County Alcohol and Drug Services	Tarzana Treatment Center 8330 Reseda Blvd, Northridge, CA (818) 996-7019  Narcotics Anonymous World Services 19737 Northrup Avenue, Northridge, CA (818) 773-9999	
Homeless Services and Shelters	Interfaith Food Pantry Coalition Greater Community Church 10824 Topanga Canyon Blvd #7, Chatsworth, CA (818) 718-6460 National Call Center for Homeless Veterans: 1-877-424-3838	
Food Programs	El Centro de Rescate Para La Familia (Food Pantry) 22103 Vanowen Street, Canoga Park, CA (818) 346-5554  Family Rescue Center (Food pantry, clothing and legal advise) 22103 Vanowen Street, Canoga Park, CA (818) 884-7587	
Legal Resources	San Fernando Bar Association 21300 Oxnard Street #250, Woodland Hills, CA (818) 227-0490  Public Counsel Law Center 610 South Ardmore Avenue, Los Angeles, CA (213) 385-2977  By appt only Mon-Fri 9am – 12:30pm and 1:30pm – 5:15pm	
The Soldiers Project	The Soldiers Project  4605 Lankershim Blvd, Suite 221  North Hollywood, CA 91602 (818) 761-7438  http://www.thesoldiersproject.org	Non-profit organization provides FREE confidential psychological services to military personnel who have served during the Iraq/Afghanistan conflicts, AS WELL AS their loved ones.  No limit on amount of therapy sessions  NOT affiliated with the VA  Individual, couples and family therapy
Vet Centers	Chatsworth Vet Center 20946 Devonshire St., Suite #101 Chatsworth, CA 91311 Tel #: (818) 576-0201  Sepulveda Vet Center 9737 Haskell Street Sepulveda, CA 91343 Tel #: (818) 892-9227  OIF-OEF Outreach Coordinator: Shanty Acevedo  For MST & PTSD Counseling at Sepulveda Center, ask for:  1. Dominique Furukawa, MSW 2. Nancy Adamson, LMFT	FREE Individual, group and family counseling to all veterans who served in any combat zone and their family members.

Wounded Warriors Project	2468 Historic Decatur Road, Suite #150 San Diego, CA 92106 (619) 981-9642 <a href="http://www.woundedwarriorsproject.org">http://www.woundedwarriorsproject.org</a>	Free online network of supportive services for veterans and service members who incurred a physical or mental injury, illness, or wound, coincident to their military service on or after September 11, 2001 and their families.  Outdoor activities and trips Online tools & info for PTSD Economic Empowerment Programs 8K Runs
American Veterans with Brain Injuries	http://www.avbi.org  LIVE Peer Chat Online: 8:00pm – 11:00pm EST Tues (open discussion) Thurs (Caregivers)	Network of support for veterans with brain injuries and their family. Including online chat rooms, documented personal stories, and resources for TBI.
Identity Theft Prevention	VA Identity Theft Help Line: 1-855-578-5492 Hours of operation: Mon – Fri 8am to 8pm Eastern Time Email: vaidtheft@va.gov Website: http://www.va.gov/identitytheft/  VA's Identity Safety Service 810 Vermont Avenue, NW Washington, DC 20420	Veterans will find a wide range of information on identity theft, how to spot it, ways to prevent it, and what to do if you suspect you are a victim.  The hotline is designed for veterans and their beneficiaries to call for more information or if they suspect their identities have been compromised.